

Trans Sex Ed Resource List

* notes anything that isn't trans specific information, but is inclusive and has good information.

Literature:

Get Real: A Q+A Guide about dating trans folks - [download](#)

Brazen: A Guide for Trans Women (EN + FR) - [download](#)

Primed- booklet and website (EN + FR) - <https://getprimed.ca/>

Le Guide Hot (FR) - <https://www.rezosante.org/guidehot/>

Fucking Trans Women - [download](#) (\$10)
- [A short article on muffing](#)

S.E.X.: sexuality guide for teens and twenties - [Purchase here](#)

Trans Teen Survival Guide - [purchase here](#)

Girl Sex 101 (avail in ES as well) - Allison Moon - [purchase here](#)

Websites:

* [Scarleteen](#) - a general sexuality and relationships resource for teens and young adults.
Articles and message boards.

[Rainbow Health Ontario](#) - Primarily for health care providers, but has info about medically transitioning, a provider directory, and other useful information about navigating trans health care in Ontario.

[Sherbourne Guidelines](#) - The guidelines for gender-affirming care for trans and non-binary folks. Covers a wide range of topics including: fertility, accessing transition related surgeries, considerations for older trans folks, etc.

[Primed by GMSH Resource Page](#) - links to guides, organizations, and research around sexual health. Some trans specific, but not all. Includes information for

Accessing safe(r) sex gear

[Venus Envy](#)

[Sexual Health Clinics](#) - Public Health Ottawa

[Planned Parenthood Ottawa](#)

[Max Ottawa](#)

[Get A Kit](#) - at home testing

Community Health Centres - [Centretown Community Health](#)

[Sex it Smart](#) - free mail order condoms